The Ostomy Life Study Review is a recurring publication developed by Coloplast in cooperation with expert ostomy care nurses in the Global Coloplast Ostomy Forum.

A snapshot of the ostomy population

Demographic data from the Coloplast Ostomy Life Study 2016
% of people with an ostomy that worry about leakage from a low to a high degree

- People with a regular peristomal body profile: 92%
- People with an inward peristomal body profile: 94%
- People with an outward peristomal body profile: 96%

% of people with an ostomy who normally visit their ostomy care nurse at least once per year

- People with a regular peristomal body profile:
  - Less than 1 year: 73%
  - 1-4 years: 51%
  - 5-10 years: 50%
  - 10+ years: 99%
- People with an inward peristomal body profile:
  - Less than 1 year: 74%
  - 1-4 years: 71%
  - 5-10 years: 47%
  - 10+ years: 47%
- People with an outward peristomal body profile:
  - Less than 1 year: 77%
  - 1-4 years: 65%
  - 5-10 years: 65%
  - 10+ years: 47%

% of people with an ostomy that exercise less since surgery

- People with a regular peristomal body profile: 44%
- People with an inward peristomal body profile: 54%
- People with an outward peristomal body profile: 62%

Want to learn more?
The aim of the Ostomy Life Study is to raise awareness about important aspects of ostomy care by sharing empirical data, clinical insights and inspiring trends in order to improve the standard of care. To get more insights from the Ostomy Life Study, please contact your local Coloplast office.